

Guest Speaker 4th November 2024

Margaret Hoschke



Margaret has been with Meals on Wheels for many years and is now President of the Coffs Coast Meal on Wheels as well as a volunteer at the Chill n Chat café who supply Meals on Wheels with their salads and sandwiches.

Meals on Wheels provide quick tasty meals available to everyone.

Gluten Free available

My Gov Clients	General Public
Mini meals \$5	Mini meals \$6
Large Meals \$6 & \$7	Large Meals \$7 & \$8
Salads \$8	Salads \$9
Sandwiches \$6	Sandwiches \$7.50
Soup \$3	Soup \$3
Desert \$3	Desert \$4

Open 8:30 to 3:30 Monday to Friday except public holidays.

Meals can be picked up at Meal on Wheels Coffs which is located at 22 Earl Street Coffs Harbour between Coles Coffs Harbour and the neighbourhood centre. Phone 6648 3600



Meals can be delivered if required, daily Monday to Friday except public holidays or delivered as a weekly/fortnightly pack. All meals are supplied frozen.

Meals on Wheel will be open 27th December. Margaret suggested if you are tired of Christmas food call in and pick up delicious no fuss meals.